

PreK 3

In order to prevent regression over the Summer, here are some simple but fun ideas for you to try. The beauty of preschool is that the activities to prevent a Summer slump can all be fun and games!

For Game Players - engage your child in some of these games or ones of your own. If you have an older child, they can play with their sibling:

Chutes and Ladders

Uno

Go Fish

Crazy Eights

Old Maid

Candy Land

Memory

Go on a Scavenger Hunt looking for something that starts with the sound of every letter of the alphabet from A to Z. Search for something of a specific color using 11 different colors. Search the house looking for things of a certain shape. Change the shape daily.

In the car, count how many of a certain color vehicle you find. Let your child read exit numbers or highway numbers to get numbers larger than 10. Play "I Spy". Come up with a word and see how many other words you can think of that rhyme with it, taking turns coming up with the words. In the grocery store, give your child a list of 5 things you want them to remind you to buy/find.

In the kitchen, let them help you cook, measuring and pouring, following directions, figuring out what you'll need to make a certain dish. It doesn't have to be elegant, just making pudding will be fun and educational.

Read to your child 30 minutes every day. Let your child take a turn being the "teacher" and read a familiar book to you. Ask questions as you read such as "What do you think will happen next?" "How do you think they feel?" There are series, such as "Henry and Mudge", about children their age who go on adventures. These are wonderful chapter books and will help them with remembering details from chapter to chapter. Use the names of their favorite characters and count how many syllables are in their name. Remember, no video can take the place of reading and discussing!

Let them color and draw, being certain they hold their crayon/pencil correctly and they should sign their artwork. Let them label their drawing by sounding out the words and writing it themselves. Know it won't be perfect and you can help them sound it out if they get stuck.

Letter/number recognition. Play hopscotch using letters or numbers. When the child throws the game piece on the letter or number, they must name the letter or number before they pick the game piece up to move on with the game.

Make "I Spy" bottles using letters and numbers, or different color beads.

Materials:

Water bottle

Water

Food Coloring (Optional)

Letters

Numbers

Different Color Beads/Buttons

Questions asked: "What color, shape, or number do you see?"

Make sure to throw out old, tired vocabulary and use new words with them daily. If you ask them a question and they don't know the answer, instead of supplying the answer, ask what they could do to figure it out. Have a suggestion ready to help them problem-solve on their own.

When conversing or reading to your child, ask them open ended questions such as: What do you think? What do you think will happen next? How do you know? How are they the same or different?

Here are some book suggestions for you but any book you read or that your child would like to read is perfect:

- ***Floaty*** by John Himmelman
- ***Flashlight Night*** by Matt Forrest Esenwine
- ***Take a Hike, Miles and Spike!*** by Travis Foster and Ethan Long
- ***Big Bunny*** by Rowboat Watkins
- ***The Magician's Secret*** by Zachary Hyman and Joe Bluhm
- ***What if You Had an Animal Tail?*** By Sandra Markle and Howard McWilliam
- ***Donut Feed the Squirrels*** by Mika Song
- ***The Book with No Pictures*** by B.J. Novak
- ***One-osaurus, Two-osaurus*** by Kim Norman
- ***Don't Wake the Dragon*** by Bianca Schulze
- ***Duck! Rabbit!*** by Amy Krouse Rosenthal, illustrated by Tom Lichtenheld
- ***The Bear's Song*** by Benjamin Chaud

- ***It's So Quiet: A Not-Quite-Going-to-Bed Book*** by Sherri Duskey Rinker
- ***Unstoppable*** by Adam Rex
- ***The Camping Trip*** by Jennifer K. Mann
- ***Please, Baby, Please*** by Spike Lee and Tonya Lewis Lee
- ***Silly Sally*** by Audrey Woods
- ***The Little Butterfly That Could*** by Ross Burach
- ***Unicorns Are the Worst*** by Alex Willan
- ***The Butt Book*** by Artie Bennett
- ***Here Comes the Big Mean Dust Bunny*** by Jan Thomas
- ***This Is a Moose*** by Richard T. Morris, illustrated by Tom Lichtenheld
- ***The Bear Who Wasn't There*** by LeUyen Pham
- ***You Will Be My Friend*** by Peter Brown
- ***King Hugo's Huge Ego*** by Chris Van Dusen
- ***I Can Only Draw Worms*** by Will Mabbitt
- ***Z for Moose*** by Kelly Bingham, illustrated by Paul O. Zeliinsky
- ***Unicorn Thinks He's Pretty Great*** by Bob Shea
- ***The Three Little Wolves and the Big Bad Pig*** by Eugene Trivizas, illustrated by Helen Oxenbury
- ***Those Darn Squirrels*** by Adam Rubin, illustrated by Daniel Salmieri
- ***Pete The Cat*** (any of his books)
- ***Alpha Tales (A - Z)*** by Scholastic
- ***Alpha Numbers (1 - 10)*** by Scholastic
- ***Chicka Chicka Boom Boom*** by Bill Martin Jr.
- ***Chicka Chicka 1, 2, 3*** by Bill Martin Jr.
- ***The Rainbow Fish*** by Marcus Pfister
- ***I Am Enough*** by Grace Byers
- ***The Wonderful Things You Will Be*** by Emily Winfield Martin
- ***Be Brave Little One*** by Marianne Richmond
- ***Where the Wild Things Are*** by Maurice Sendak